### We Offer Catering and Large Order Services

Unlimited Menu Options

Baby Showers Weddings Anniversary Office Parties Holiday Parties Birthday Parties Family Dinners Any Special Occasion





We Appreciate Your Business

#### Hours

Thursday - 11:30am to 8:00pm Friday - 11:30am to 8:30pm Saturday - 11:30am to 8:30pm

> 25 White Street Cohoes, NY 12047 (518) 326-3984

### Website: SoulinabowIllc.com

# Soul In A Bowl



MENU





### Lunch Meal Deals

From 11:30am — 3:00pm Smaller Portion Sizes

Includes Choice of: 1 Meat and 2 Sides ~ \$10.00 OR 1 Meat and 3 Sides ~ \$15.00

### **Dinner Specials**

**Full Portion Sizes** 

Includes Choice of: 1 Meat and 2 Sides ~ \$15.00 OR 1 Meat and 3 Sides ~ \$20.00

#### <u>Meats</u>

Fried Chicken Tenders Sweet Heat Wings Golden BBQ Wings Fried Haddock Baked Turkey Wings (Dinner Only)

#### <u>Sides</u>

Macaroni & Cheese Yams Collard Greens Cabbage Salad of the Week

(Extra sides S: \$3.00 L: \$6.00)



**Empanadas** 

Made with Ground Turkey

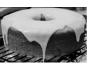
1 for \$2.50 6 for \$12.00

## <u>Desserts</u>

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	<u>Slice</u>	<u>Whole</u>	
Lemon Cake	\$3.99	\$25.00	
Chocolate Cake	\$3.99	\$25.00	
Dirt Cake	\$3.99	\$25.00	
Cheesecake	\$5.50	\$50.00	
Rum Cake	\$5.50	\$40.00	
Sweet Potato Pie	\$3.00	\$15.00	
Banana Pudding	S - \$5.00	L - \$8.50	
Whole ~ \$35.00			
Dirt Cake Cheesecake Rum Cake Sweet Potato Pie Banana Pudding	\$3.99 \$5.50 \$5.50 \$3.00 \$ - \$5.00	\$25.00 \$50.00 \$40.00 \$15.00 L - \$8.50	

(Whole Orders Require 48hr. Notice)



Beverages



Potato Salad Macaroni Tuna Salad Macaroni Shrimp Salad

### 12 Piece ~ \$15.00 ~Naked or Breaded~ FLAVORS Fried Golden BBQ Sweet Heat

Can Soda	\$1.50
Bottle Soda	\$2.50
Bottle Juice	\$2.50
Bottle Water	\$1.50

